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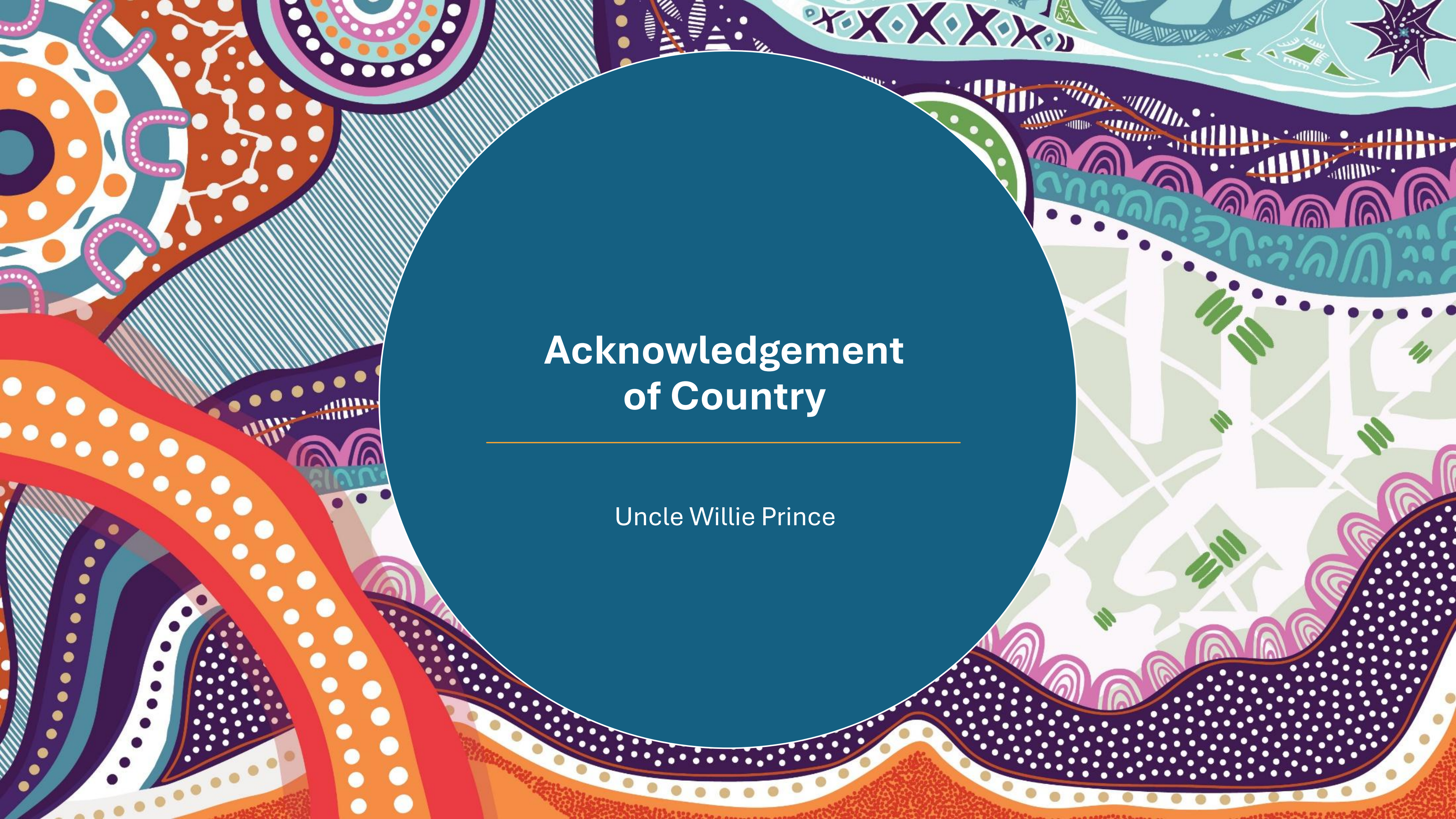
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My Housing Options

Information Session





Acknowledgement of Country

Uncle Willie Prince

QDN

QUEENSLANDERS WITH DISABILITY NETWORK
NOTHING ABOUT US WITHOUT US



Agenda

What we will be covering in this information session

Number	Session
1	Workshop purpose and overview
2	Toolkit overview
3	Digital Story: Bindi's Story
4	The four housing principles underpinning the toolkit
5	Wrap up ○ Upcoming information sessions ○ Resources ○ Q&A ○ THANK YOU



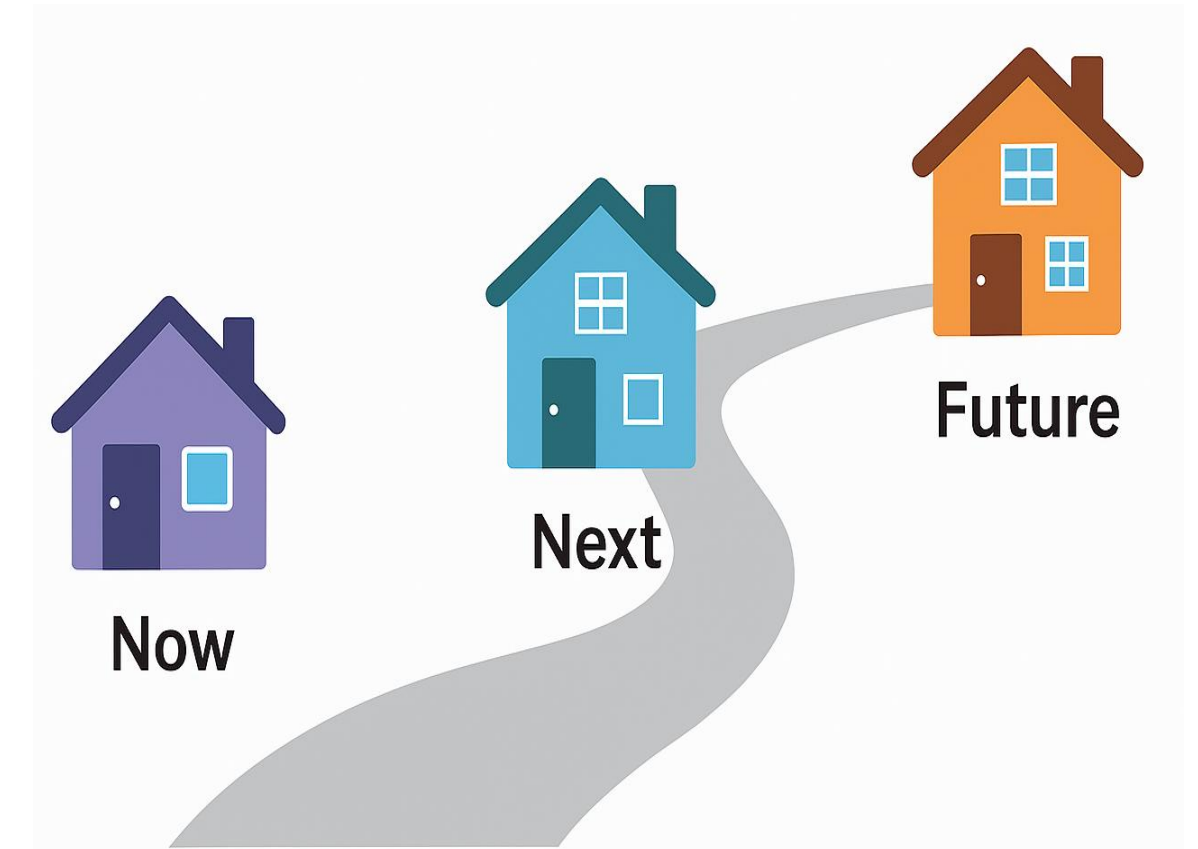
Overview of the Toolkit

Why the Toolkit Exists

People with disability move through different stages of the housing journey

- from first exploring options
- to planning a change
- to resolving issues in their current home.

The Toolkit supports workers to have meaningful conversations at each point on that journey.



Housing as a Journey

- Where someone lives now
- What they want next
- What they want in the future



The Toolkit acts as the map and set of tools that helps workers walk alongside people through these stages.



What is in the My Housing Options Toolkit?

The Guide

- Use to understand the full suite of resources, including person-centred housing conversation tools.

The Workbook

- Use to introduce the housing journey and the big picture.

Worksheet 1

- Use when clarifying a person's housing now.

Worksheets 2–3

- Use when someone is preparing for change and exploring needs/supports.

Worksheets 4–5

- Use when budgeting or long-term planning is the focus.



Worksheet 1

Use when clarifying a person’s housing now.

My Housing Options

Building block 1: Making a start

Worksheet 1: My housing now

	Where do you currently live?
	What do you like about your current home?
	What do you not like about your current home?
	What do you want to be different in the future?

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Worksheet 1: My housing now

1 =

2 =

3 =

What is important to you in a home?



Next steps

Write down your next steps here.

You might want to:

visit someone you know living in a housing setting you like

visit or call your local Housing Service Centre

Speak with housing providers.

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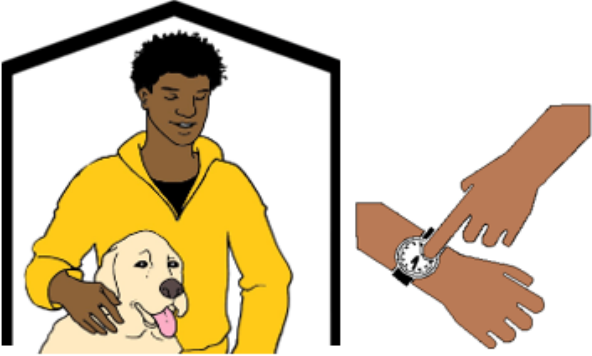
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Worksheet 1 (cont.)

Easy English



Building block 1
Making a start -
my home now



Building Block 1.
Make a start.
Your home now.



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Think about your home **now**.
This helps you start your plan.



Think about

- what you like
- what you may want to change.



There are lines you can write on.
You can draw a picture.
You may want to paste in photos.

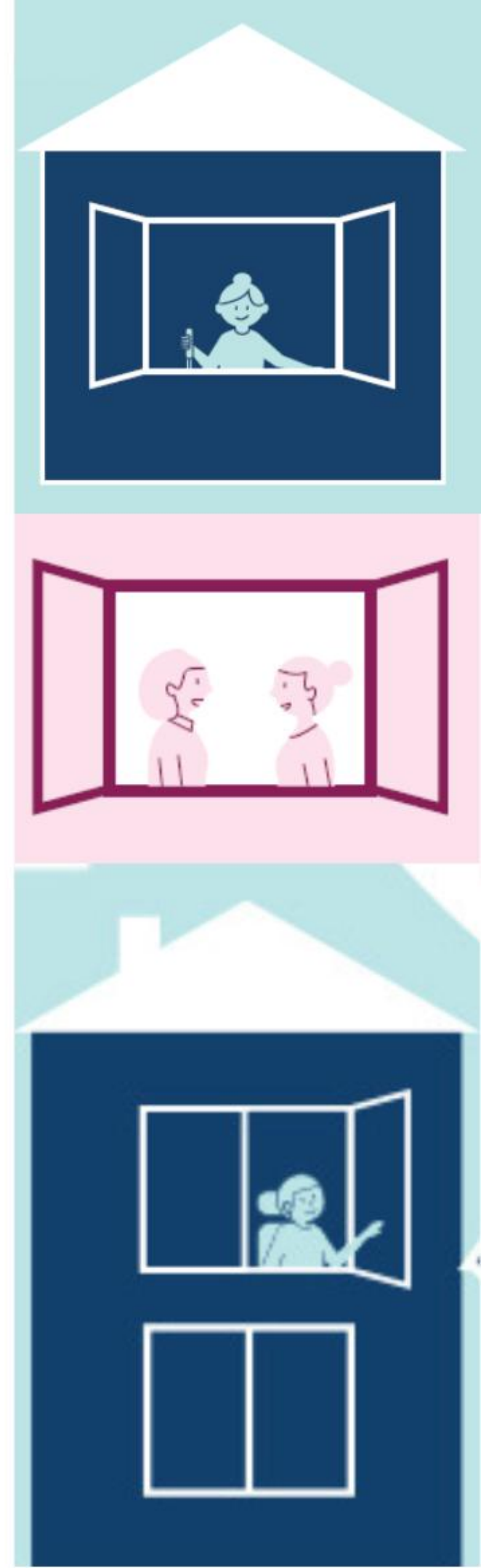


What do you like about your home now?
It may be

- you live with your pets
- you live near a park.



Write what you like.



Worksheet 2 and 3

Worksheet 2 - Use to encourage the person to describe their ideal housing situation

Worksheet 3 - Use when exploring the persons support needs.

My Housing Options

Building block 2: My needs and what matters to me

Worksheet 2: My housing needs and what I want



What kind of home do you want to live in?

☐ House

☐ Townhouse/apartment/unit

☐ Social/public or community housing

☐ Shared living (with others)

☐ Independent living (on your own)

☐ Specialist Disability Accommodation

☐ Other: i.e. I want to own my home



How many bedrooms do you need?

☐ One bedroom

☐ Two bedrooms

☐ Three or more bedrooms



Where do you want to live?

☐ In a city

☐ In a suburb

☐ In a rural area



How much can you afford to pay?

☐ Between \$50 - \$150 per week

☐ Between \$150 - \$250 per week

☐ Between \$250 - \$400 per week

☐ More than \$400 per week



Do you need public transport nearby?

☐ Yes

☐ No

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My Housing Options

Building block 2: My needs and what matters to me

Worksheet 3: Exploring my support needs



What kind of help do you need? (Tick all that apply)

☐ Help with cooking and meal preparation

☐ Help with cleaning, household chores and yard maintenance

☐ Help with personal care (bathing, dressing, grooming)

☐ Help with managing medication

☐ Help with transportation

☐ Help with managing money and budgeting

☐ Help with your health, mental health and well-being

☐ Help with getting out and about in the community

☐ Help with communication

☐ Help with technology

☐ Help with meeting tenancy obligations (i.e., scheduling rent payments, reporting maintenance issues)

☐ Help with education, training and employment

☐ Other, please list



How often do you need help?

☐ Every day

☐ A few times a week

☐ Occasionally or as needed



Do you need help during certain times of the day?

☐ Morning

☐ Afternoon

☐ Evening

☐ Overnight

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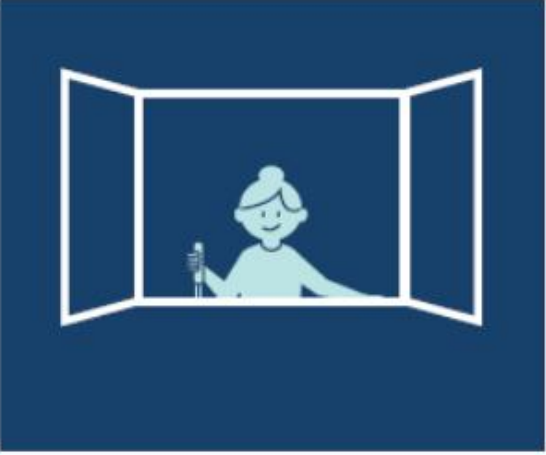
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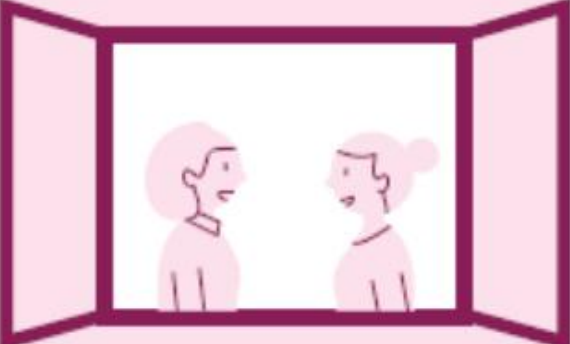
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A stylized illustration of a person with short hair, wearing a light blue shirt, sitting at a table and looking out a window. The window is framed in white, and the background is a solid dark blue.

A stylized illustration of two people, a man and a woman, standing and talking. They are framed by a white window frame. The background is a solid dark blue.

A stylized illustration of a person with short hair, wearing a light blue shirt, sitting at a table and looking out a window. The window is framed in white, and the background is a solid dark blue.



My Housing Plan

- Use to summarise now / next / later and who is doing what.

3 Information Sheets

- Use when rights, processes, or “what are my options?” are the barrier.
 - Sheet 1 – Housing types and housing options
 - Sheet 2 – Financial and other supports for housing
 - Sheet 3 – Your tenancy rights in Queensland



Thinking About My Housing Needs (Visual Tool)

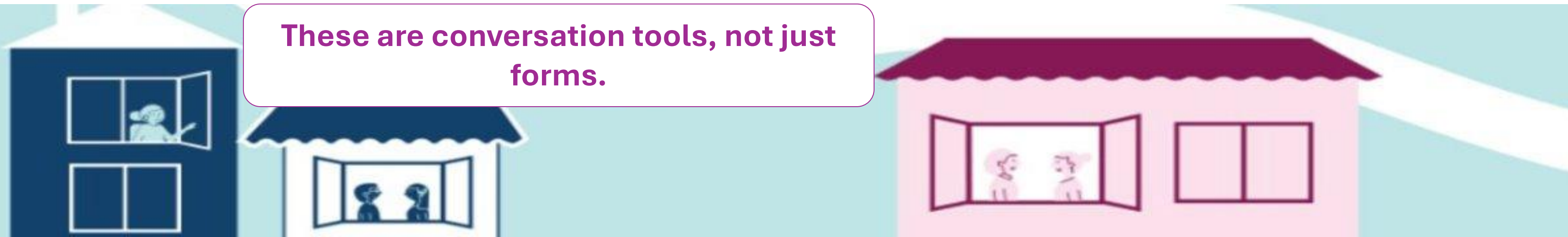
- Use when pictures help make needs clearer.

Building Foundations

- Use as an activity-based conversation starter when engagement is hard or the conversation feels stuck.



These are conversation tools, not just forms.



My Housing Plan

Summary plan

My housing plan

Summary plan - pulling it all together

My housing plan helps you turn your ideas into clear goals and actions for your future housing. Use information from the worksheets to create a summary plan that focuses on your needs, support options, and steps to take. This plan can grow and change as you learn more. You can download it from the online toolkit.

My home now

Choose the options that looks most like your home.

What type of home do you live in?

-  In a house
-  In an apartment or unit
-  In shared housing
-  In Specialist Disability Accommodation
- Other: _____

-  On my own
-  With family/informal supports
-  With housemates (without disability)
-  With housemates (with disability)
- Other: _____

Are you living in?

-  Social housing (community housing provider or public housing)
-  Renting (through real estate agents)
-  In own home/family home
-  Disability Group home (unrelated people with disability living together and sharing support.)
-  Residential services (e.g. privately owned hostel, boarding house)
-  In hospital or health facility
-  In out of home care
-  Aged care
-  In correction or justice facility
- Other: _____

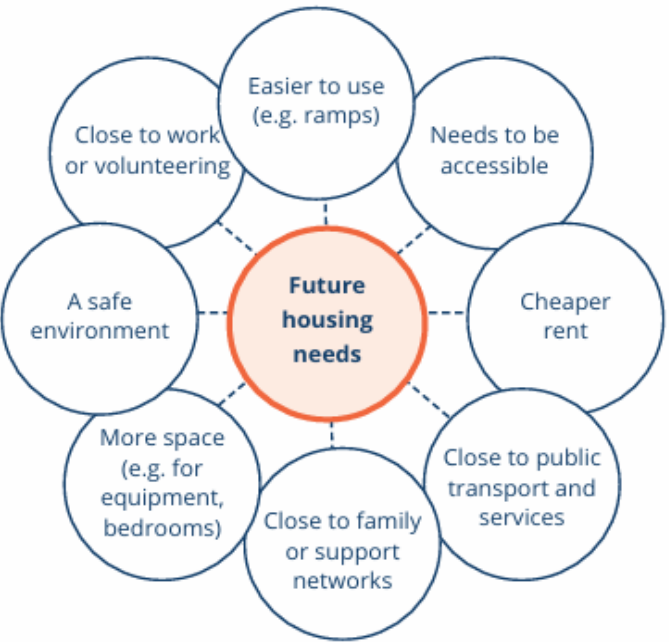
Think about what is important to you in your home and give it a rating 1★ = Not important and 5★★★★★ = Very important

Feature	Now	Future
How easy it is to use (e.g. ramps, grab rails)	☆☆☆☆☆	☆☆☆☆☆
How close it is to family or friends	☆☆☆☆☆	☆☆☆☆☆
How affordable is it	☆☆☆☆☆	☆☆☆☆☆
How safe it feels	☆☆☆☆☆	☆☆☆☆☆
How much space it has for your needs	☆☆☆☆☆	☆☆☆☆☆
If it has a garden or outdoor space	☆☆☆☆☆	☆☆☆☆☆
How close it is to shops or services	☆☆☆☆☆	☆☆☆☆☆

Identify your housing needs

What do you need in your home?

Use the bubble diagram below to think about what is important to you in your home. Write down any other ideas below:



Other: _____

What are your housing goals?

Short-term

Examples: "Talk to a housing officer"
"Start applying for housing."

Long-term

Examples: "I want to own my own home"
"I want to live in Specialist Disability Accommodation (SDA)"

What support do you need to reach your housing goals? (Tick all that apply)

- | | |
|---|--|
| ☐ Help with finding and applying for housing | ☐ Help to connect with community services or activities |
| ☐ Help with cleaning and chores | ☐ Help with home maintenance or repairs |
| ☐ Changes to make the home easier to use | ☐ On-site support nearby |
| ☐ Help with budgeting or managing money | ☐ Other: _____ |
| ☐ Support with cooking or preparing meals | |
| ☐ Help with personal care (e.g. bathing, dressing) | |

Practical tip

If you need more help with housing, talk to your family, friends, NDIS support coordinator, a housing service or a disability support organisation. They can help you find options and take the next steps.

What I want and need from my housing

What I want and need from my housing

Cost How much can I afford to spend?

A group of people are seated at a table in a restaurant. In the foreground, a man in a blue shirt and a woman in a floral shirt are smiling. In the background, a woman in an orange shirt and a man in a blue shirt are also visible. The setting appears to be a casual dining area with large windows.

A man with a beard, wearing a grey sweater and blue jeans, is sitting in a wheelchair in a kitchen. He is smiling and holding a black dog on his lap. The kitchen has white tiled walls, a wooden countertop, and a white washing machine on the left.



 **Design and layout**



A group of six people, including a man in a wheelchair, are sitting on blue Adirondack chairs outdoors. The group consists of three men and three women. One man is seated in a wheelchair, and another man is standing behind him. They are all smiling and looking towards the camera. The background shows a body of water and trees.

A close-up of a red and white sign with the words "FOR RENT" in bold, white, sans-serif capital letters. The sign is slightly tilted and has a white border.

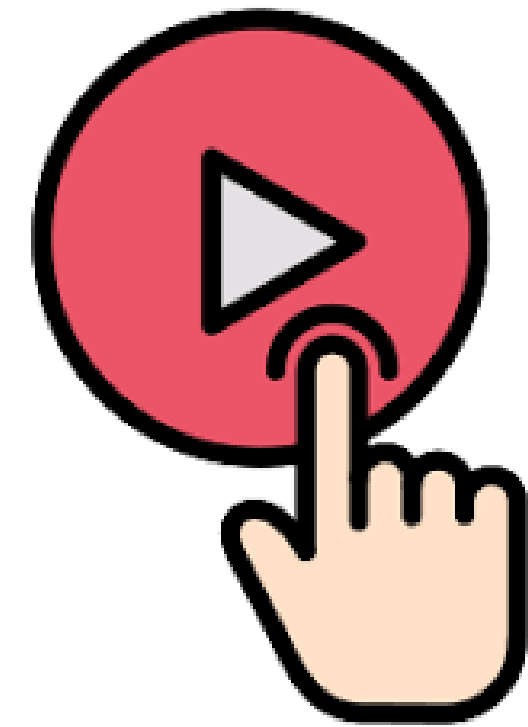
Where do I start and what do I use?

- Keep person at centre of conversation
- Acknowledge that what is “right now” doesn’t have to be “forever”
- Determine where the person is on their journey and select where/what you think is appropriate
- Remember this is a dynamic resource – person can take with them on their journey. There is no right or wrong starting point.



Digital story

Let's Watch a Short Story: Bindi's Story



As you watch, think about:

1. Strength and abilities that Bindi identified
2. What key resources/tools have been used and been useful?





The 4 Housing Principles

A human-rights and person-centred foundation for practice

The 4 Housing Principles



Rights

People with disability have equal rights to housing and support.



Choice

People decide where and with whom they live.



Control

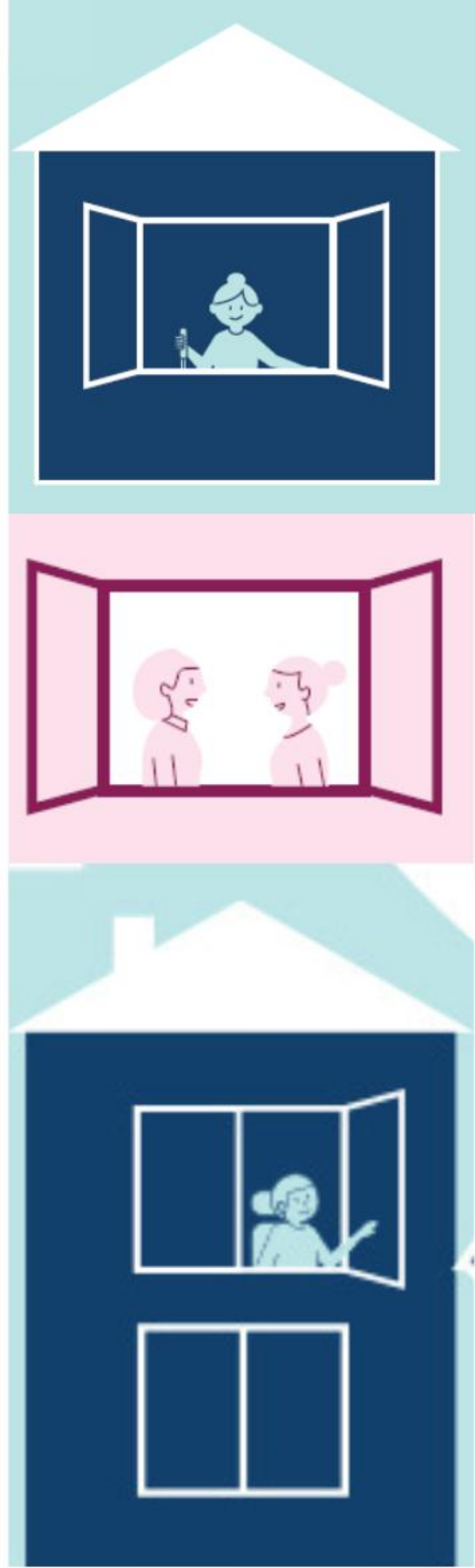
Housing provision is separate from paid support provision.



Inclusion

Housing enables independence and participation.

Your practice can widen or narrow a person's real housing choices.



Activity – MythBusters: Myth or Fact?

A quick activity to challenge common assumptions in housing and support.



**Choice means the person can pick
from any housing option they want**

Myth or Fact?



**Rights are mainly about tenancy law,
so if we're not tenancy experts we
should avoid talking about rights.**

Myth or Fact?



Because the housing market is so tight, people with disability need to take the offer they can get.

True or False?



Upcoming Events

Online Statewide

For people with disability, family and carers

Date: Monday 29th June

Time: 10am-12pm

Venue: Zoom

For staff and organisations

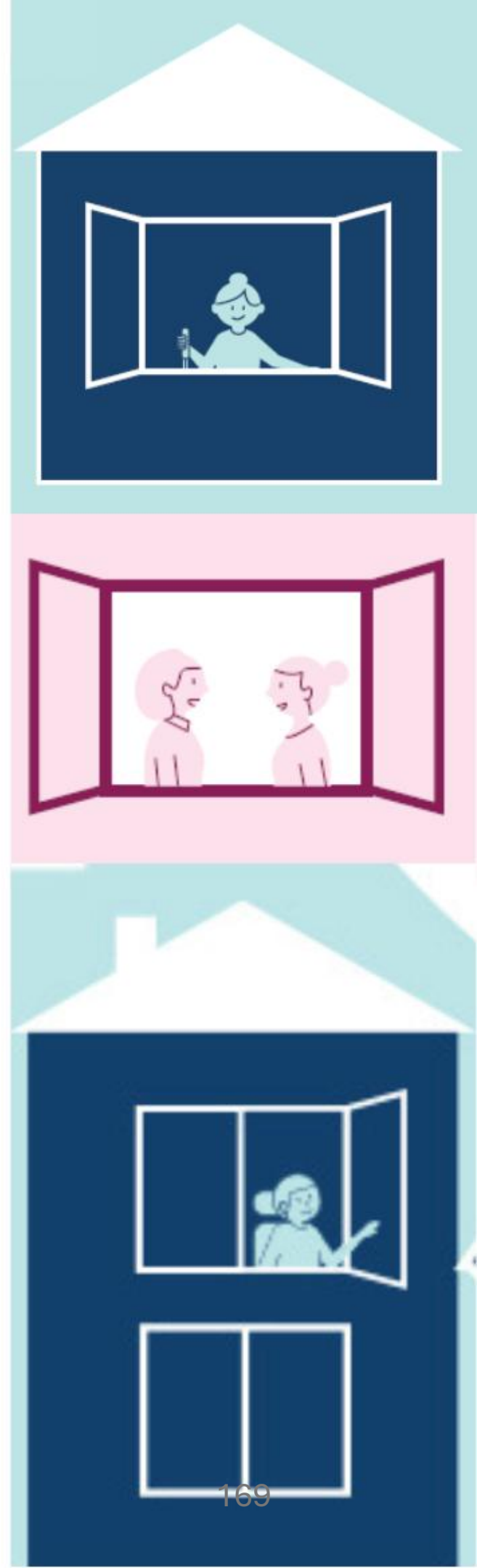
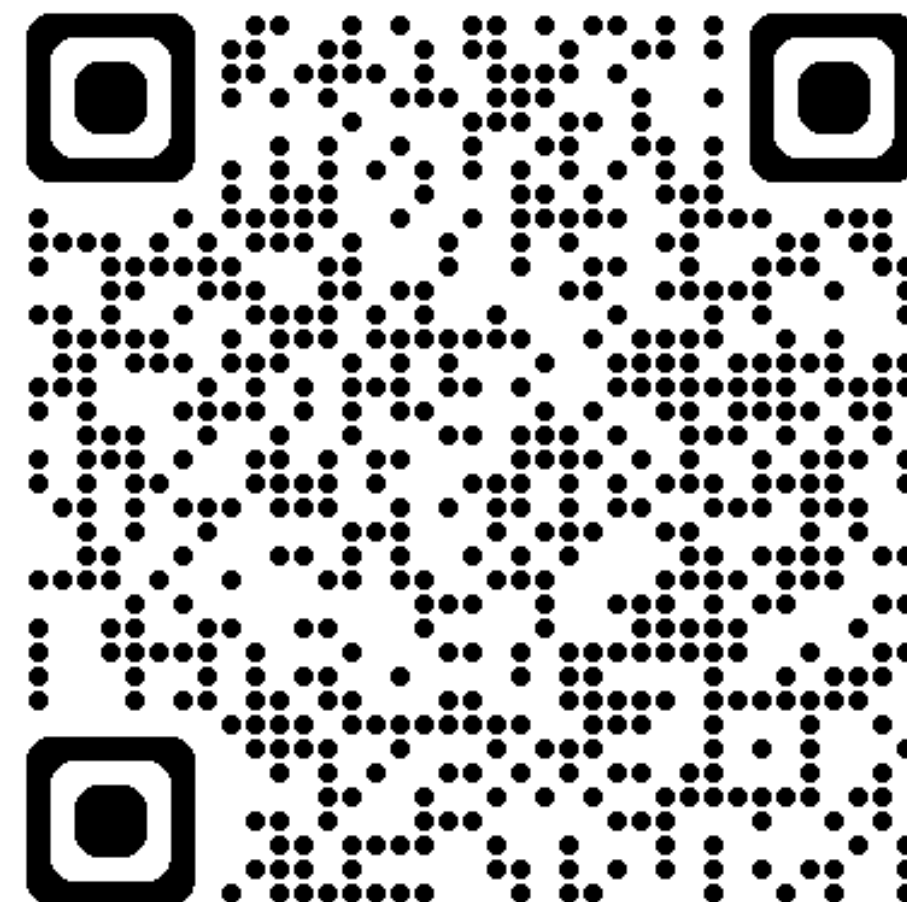
Date: Monday 29th June

Time: 2-4pm

Venue: Zoom

Register through qdn@qdn.org.au OR

For more information about upcoming MHO session,
please scan this QR code.



Resources



<https://myhousingoptions.org.au>

Website: [www.myhousingoptions.org.au](https://myhousingoptions.org.au)

Download the **My Housing Options Workbook**

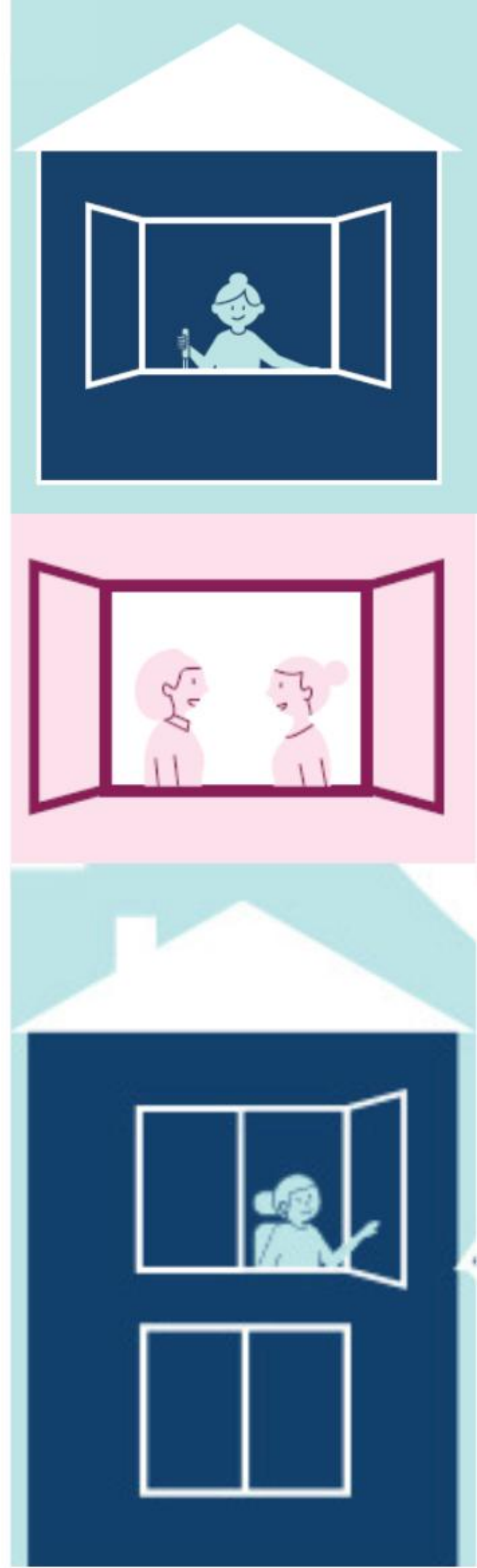


The MHO Workbook

Download the **My Housing Options Guide**



The MHO Guide



Q&A

Any questions?



Thank You!

mho@qdn.org.au

1300 363 783



Quick Confidence Check

How confident do you feel applying the 4 housing principles in practice (Rights, Choice, Control, Inclusion)? (1–5)

1 = Not confident yet

2 = A little confident

3 = Not sure

4 = Confident

5 = Very confident

